

**Programme on Parent Education:
Play as a Powerful Tool for
Socio-Emotional Learning and Beyond:
How Can Parents' Words Add Value**

Organised by
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Potential Benefits of Play for Behavior Modification and Holistic Development

Games provide young children with a relaxing and enjoyable setting to learn and practice various positive behaviors (such as taking turns, cooperating with others, and regulating emotions), thereby reducing the occurrence of problem behaviors later on.



How to address children's problem behaviors during play



Step 1:

Calmly observe the child's behavior and the situation, do not criticize or intervene immediately



Step 2:

Try to understand the needs or emotions behind your child's behavior, use simple language to acknowledge your child's feelings



Step 3:

Guide: demonstrate appropriate behavior, offer choices and encouragement, reinforce positive behavior

Interactive strategies that can be employed during parent-child play

- Appropriate and moderate questioning
- Encourage children more frequently to think deeply (details, characteristics, relationships)
- Share your thought processes with your child more often
- Inject more humor into the response to your child to enhance the fun of the play, retention of learning content, and parent-child relationships

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